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Gina offers a personal telephone consultation service to parents of

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young babies and toddlers who are struggling with feeding, sleeping and behavioural problems. Over the last twenty years Gina has helped over 10,000 parents resolve serious sleeping and feeding issues. Contact Gina to find out more.

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## Gina Ford & Contented Baby - Gina Ford

The Contented Little Baby Book, based on Gina Ford's personal experience of caring for over 300 babies, was first published in 1999. It quickly established Gina as an influential new authority on baby and

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childcare issues and has remained one of the bestselling parenting books in the UK for almost 20 years.

## The New Contented Little Baby Book: The Secret to Calm and ...

Gina Ford outlines how to fit your toddler's eating, sleeping, and playing

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schedule in with the addition of a new baby. She gives great ideas for what you can do with your toddler, say, while you're needing to feed a newborn. Her ideas and insight have been used in our home since our firstborn arrived in 2008.

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The Contented Baby with Toddler Book: Amazon.co.uk: Ford ...

Gina Ford's bestselling The Contented Little Baby Book established Gina as one of the UK's most influential voices in baby and childcare issues. Her groundbreaking routines have been the salvation of hundreds of thousands

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expert in Great Britain. A nationally recognized name as a maternity nurse, she now runs a consulting service and the popular Contented Baby Web site. She has published more than twenty parenting books.

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of Health. She aims to take the worry out of weaning, guiding parents step-by-step through the process and shares the insight and expertise gained from personally helping to care for over 300 babies, and advising thousands more parents via her consultation service and ...

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[The Contented Little Baby Book Of Weaning: Amazon.co.uk ...](#)

We had contented happy babies who thankfully fell into a good routine and slept well from very early on. Gina Ford made mothering premature twins much easier for me. I personally didn't

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give a shit what others thought of GF, I was the one doing 18 feeds a day and changing 20 nappies so I needed routine.

[Gina Ford- Contented Baby Routines | Mumsnet](#)

Gina Ford Feeding and Sleeping

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Contact - Gina Ford - Gina Ford & Contented Baby - Gina Ford

A Contented House with Twins unites the UK's leading baby expert, Gina Ford, and the highly regarded television presenter Alice Beer, a mother of twin girls. Discovering you

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are pregnant with twins is both an exciting and a thoroughly terrifying prospect.

[A Contented House with Twins:](#)  
[Amazon.co.uk: Beer, Alice ...](#)

As Gina's reputation grew, she was approached by a number of



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publishers, and in 1999 she wrote her first book, *The Contented Little Baby Book*. It was a runaway success, largely due to enthusiastic personal recommendation, its matter-of-fact style and practical approach appealing to fathers and mothers alike.

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## Gina - Gina Ford

Gina offers a personal telephone consultation service to parents of young babies and toddlers who are struggling with feeding and sleeping problems. Contented Baby Community Membership Membership benefits includes access to our regularly

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updated database of over 2,000 FAQs on feeding, sleeping and development answered by Gina and other childcare experts.

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What does everyone think of Gina

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Ford Contented Little Baby Book?  
Kelly D(233) Posted on 24-02-2012 at 2.29PM . Reason i ask is because i'm struggling to get into a routine with my 2 year old and 7 week old. I bought the contented baby book and the contented toddler book to try and get some tips as it had been

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recommended by a friend.

What does everyone think of Gina Ford Contented Little ...

Her best-selling guide The Contented Little Baby Book, first published in 1999, advises new parents to break down their day into five-minute slots in

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order to settle their baby into a routine as ...

[The great Gina Ford debate | The Independent](#)

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Gina. Ford. Two words that often split mum opinion. The parenting guru's

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method can be thought of as overly no-nonsense but it does promise to ultimately provide what most new parents dream off – a baby who sleeps through the night.

[Routine: Gina Ford | Mother&Baby](#)

Author Biography. Gina Ford has over



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twenty years' experience of looking after babies and young children. She has worked as a maternity nurse all over the world for all kinds of people, from lawyers and bankers to newspaper editors, pop stars and other high-profile media personalities. She is the author of over twenty

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parenting titles and has her own website, [www.contentedbaby.com](http://www.contentedbaby.com).

Contented Little Baby Book by Gina Ford (Paperback, 1999 ...

From Crying Baby to Contented Baby by Gina Ford and Publisher Ebury Digital. Save up to 80% by choosing

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the eTextbook option for ISBN: 9781407027715, 1407027719. The print version of this textbook is ISBN: 9780091929596, 0091929598.

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Gina ford uses her years of experience

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in caring for hundreds of different babies to produce a plan that will ensure your baby is happy and contented. She believes that simple routines can avoid months of sleepless nights, colic and feeding difficulties that many people believe are a normal part of parenting.

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