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Overeater: The Basic Text for Compulsive Overeaters., is published anonymously so as to protect 'Bill B.'s' anonymity.

Having read and studied many 'basic texts' of several Twelve Step Programs, I really liked the simplicity of Bill's writing style.

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Compulsive Overeater: The Basic Text for Compulsive Overeaters

Compulsive Overeater: The Basic Text for Compulsive Overeaters – \$21.00. Bill Bluestein, a Los Angeles Based Attorney, ego-maniac and self subscribed “Guru” of Overeaters Anonymous, used his so called “charisma” and far reaching access to

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Compulsive Overeaters by Bill B Bill B. tells the story of how he lost seventy-five pounds and maintained his weight loss for over ten years. Chapters focus on topics of real concern to us--abstinence, anger, fear and depression, relationships, and money.

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