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~~Certification-Candidate-Handbook~~

~~However, if you aspire to design and lead all formats of group exercise, the ACE Group Fitness Instructor Certification is the optimal choice. The ACE Health Coach Certification is designed for individuals who seek to obtain the behavior change, physical activity and nutrition coaching skills needed to promote long-term, healthy change.~~

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~~Ann Lugo is certified through the American Council on Exercise. Learn more about Ann Lugo~~

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~~ACE (American Council on Exercise) As a long-time leader in the fitness credentialing industry, all of ACE's core certifications are accredited by the NCCA – including Group Fitness Instructor. It is considered by many to be the “gold standard” in group fitness certifications.~~